

# Dance in Rhythm, LLC

## Ballroom Dance Cardio

*With Sue and Karen*

- Get a toned dancers body
- No partner needed
- Have fun
- Learn Ballroom moves
- Shed some pounds

Call (203) 481-1333 for more information

- Wednesday      9:00 AM – 10:00 AM
- Saturday        10:00 AM – 11:00 AM

\$ 10